

Early Head Start Child Care Partnership

Community Resources



August 2016

Abuse/Neglect

Eureka

CAST 333 K St. Eureka 707-445-7411

Child Welfare Services 707-445-6180 to report incident

Humboldt Domestic Violence Services 443-6042 866-668-6543 (24hr)

Restraining Orders 825 5th St. Eureka, 3rd floor room 305

Advocacy for Children

CASA (Court Appointed Special Advocate) 707-443-3197

Boys and Girls Clubs of the Redwoods 707-441-1030

Breastfeeding

Humboldt County Breastfeeding Task Force 707-441-5573

Star's Nursing Center 317 3rd St, Eureka, CA 707-496-2108

Budgeting

Arcata Consumer Credit Counseling 707-822-8536

Eureka Premiere Financial Free Workshops 800-331-7212

Better Budgeting <http://www.betterbudgeting.org/> finances, coupons etc.

Clothing

Arcata Angels of Hope 1309 10th St. 707-822-5019

Eureka Rescue Mission Thrift Store 1031 Broadway 707-443-2523

Eureka Lots for Tots 3008 Broadway 707-445-3477

Miranda's Rescue Thrift Stores

Eureka 1694 Myrtle Ave. 707-441-1755

Fortuna 822 South Fortuna Blvd. 707-725-4166

McKinleyville 1544 Pickett Rd. 707-839-5015

Rio Dell Big Foot New and Recycled Treasures

220 Wildwood Ave 707-764-1760

Community Involvement

AmeriCorps 934 G Street, Eureka 707-269-2020

Local schools – contact your local principal

Humboldt Literacy Project 537 G St #203, Eureka 707-445-3655

Northcoast Gardens http://northcoastgardens.org/?page_id=206

Humboldt Surfrider email humboldt@surfrider.org

Friends of the Dunes 707-444-1397

Continuing Education

Adult School 2100 J St. Eureka 707-441-2448
College of the Redwoods
525 D St. Eureka 707-476-4500
7351 Tompkins Hill Road 707-476-4100

Cooking

Champions for Change on Facebook or email C4Cinfo@cdph.ca.gov
Eat Fresh website with recipes
http://eatfresh.org/recipe?gclid=CJW9_rGwss4CFURffgodJwUKkQ
Food For People Nutrition Education 707-445-3166
www.foodforpeople.org



Dental

Eureka Burre Dental Clinic (Open Door) 959 Myrtle Ave. 707-442-7078
RCAA Tooth 707-269-2052

Disabilities

TriCounty Independent Living 2822 Harris Eureka 707-445-8404
Dial a Ride Humboldt Transit Authority 707-443-0826 www.hta.org
School Bus 707-445-7090
Social Security 800-772-1213
Blind Babies Foundation 510-446-2229 www.blindbabies.org
California Children's Services (to age 21 yrs) 908 7th Street Eureka 707-445-6212
United Cerebral Palsy 800-872-5827
Redwood Coast Regional Center (birth to 4yrs 9mos) 707-445-0893 or 888-584-9473
www.redwoodcoastrc.org

Domestic Violence

Eureka Shelter 707-443-6042
Hotline 800-799-7233
Humboldt Domestic Violence Services 707-443-6042
HumWORKs 929 Koster Street, Eureka 24 hour crisis line 707-445-7715
RCAA Safe Haven 707-444-2273

Employment Training/Readiness

Betty Kwan Chinn Day Center 133 7th St. Eureka 707-407-3833
Dept. of Health & Human Services – CalWORKs 707-268-3400
Employment Development Dept. 409 K St. Eureka 707-445-6532 www.edd.ca.gov
www.thejobmarket.org

Family Resource Centers

Arcata Family Resource Center

Arcata School District 2400 Baldwin St., Arcata, CA 95521 707-822-4858

Blue Lake Community Resource Center

312 South Railroad St. (P.O. Box 458) Blue Lake, CA 95525 707-668-4281

Bridgeville Community Center

38717 Kneeland Road (Box 3) Bridgeville, CA 95526 707-777-1775

Carlotta Healthy Start Community Center

300 Wilder Road (Box 7) Carlotta, CA 95528 707-768-3860

Eel River Valley Multi Generational Center

2280 Newburg Road, Fortuna, CA 95540 707-725-3300

Eureka City Schools - Marshall Family Resource Center

I St. - between Trinity & Huntoon (2100 J Street), Eureka, CA 95501 707-441-2516

Eureka Community Resource Center

35 West Third St., Eureka, CA 95501 707-442-5239

Fortuna Community Services

2331 Rohnerville Road, Fortuna, CA 95540 707-725-1166

Fortuna Elementary & High School Healthy Start

2089 Newburg Road (843 L Street), Fortuna, CA 95540 707-725-2519

Humboldt Community Switchboard

1707 E Street #4, Eureka, CA 95501 707-441-1001

Hupa Family Resource Center

T9 Holt Street (Box 728), Hoopa, CA 95546 530-625-4000

Jefferson Center & Park

1000 B Street, Eureka, CA 95501 707-497-6280

Loleta Community Resource Center

(Loleta Elementary School) 700 Loleta Drive, Loleta, CA 95551 707-733-5239

McKinleyville Family Resource Center

1459 Hiller Road (P.O. Box 2668) McKinleyville, CA 95519 707-840-0905

Manila Teenship Wellness Village Resource Center

1611 Peninsula Drive (1901 Park Street) Manila, CA 95521 707-444-9771

Mattole Valley Resource Center

Mattole Valley Community Center P.O. Box 191, Petrolia, CA 95558 707-629-3348

Rio Dell Community Resource Center

99 Wildwood Street, Rio Dell, CA 95562 (707) 764-5239

South Bay Union School District Healthy Start

5230 Vance Avenue, Eureka, CA 95503 (707) 445-5933

Southern Humboldt Family Resource Center

(Information also available about Casterlin FRC and South Fork/Miranda Healthy Start)

344 Humboldt Avenue (Box 369) Redway, CA 95560 (707) 923-1147

Willow Creek Community Resource Center

38883 Highway 299 (P.O. Box 939) Willow Creek, CA 95573 (530) 629-3141

First Aid/CardioPulmonaryResusitation (FA/CPR)

American Red Cross 406 11th St, Eureka, CA 95501 707-443-4521

Arcata Fire 631 9th Street, 707-825-2000

HSU Center Activities 707-826-3357

North Coast Safety Consortium 707-839-7311

Food

Food Bank, Food for People and other pantries:

Arcata 76 13th St. 707-826-1000

Eureka 307 West 14th St. 707-445-3166

Eureka Rescue Mission

Men 110 2nd St. Eureka 707-445-3787

Women (Children also) Eureka 707-443-5016

Fortuna 2292 Newburg Rd. 707-725-1148

McKinleyville 1450 Hiller Rd. 707-840-0905

Rio Dell Volunteer Fire Dept. 707-445-3166

Women/Infants/Children (WIC)

Eureka:707- 445-6255 Fortuna: 707-726-9427



Health Insurance

MediCal 800-300-1506 or 877-410-8809

www.coveredca.com or in person at:

Eureka – 929 Koster Street

Garberville – 727 Cedar Street

Hoopla – 535 Airport Road

DHHS Mobile Engagement Vehicle

Hearing

North Coast Audiology 2818 Harris St. Eureka 707-443-4503

Humboldt Audiology 831 Harris Street Eureka 707-832-4424

Hospice

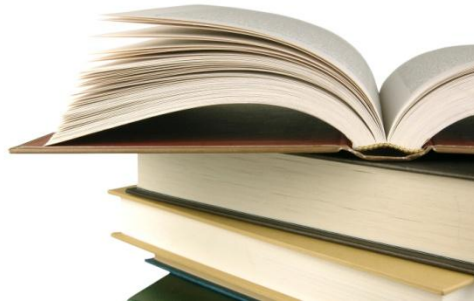
Eureka Hospice of Humboldt Grief Counselor
3327 Timber Fall Court
(707) 267-9801 Ext. 3382
Drop in grief support for teens age 13-17 years – Hospice of Humboldt office

Housing

Arcata House 5095 Boyd Road 707-633-6184
Arcata Shelter 707-822-0410
Eureka Housing Authority, 707-443-4583
Eureka - Bridge House Transitional Housing for Adults, 707- 442-5721
Eureka Rescue Mission
Men 110 2nd St. Eureka 707-445-3787
Women (Children also) Eureka 707-443-5016
Humboldt Bay Housing Development Corporation 707-826-7312
Humboldt County Housing Authority 707-443-4583
Multiple Assistance Center Eureka 707-269-2002
Northcoast Veteran's Services Eureka 707-442-4322
Redwood Community Action Agency 707-269-2011
Youth Service Bureau Shelter RCAA Eureka 707-444-2273

Legal

Family Court Mediation 825 Fifth St., Eureka 707-269-1223
Redwood Legall Services 123 3rd St, Eureka, CA 95501 707-445-0866



Literacy

Bookmobile 707-269-1990
Humboldt Literacy Project 537 G St #203, Eureka 707-445-3655
Humboldt County Library (closed Sundays and Mondays)
Eureka 1313 3rd Street 707-269-1900
Arcata 500 7th Street 707-822-5954
Blue Lake 111 Greenwood Ave. 707-668-9559
Fortuna 753 14th Street 707-725-3460
McKinleyville 1606 Pickett Rd. 707-839-4459

Mediation

Humboldt Mediation 317 3rd St #8, Eureka, CA 95501 707-445-2505

Medical

Arcata:

Humboldt Open Door 770 10th Street 707-826-8610

North Country Clinic 785 18th Street 707-822-2481

Eureka:

Open Door Community Health and Wellness 2200 Tydd Street 707-441-1624

Kids Express 707-269-7057, Pediatrics 707-269-7051

McKinleyville Community Health Center 1644 Central Ave. 707-839-3068

Fortuna Community Health Center 3304 Renner Drive 707-725-4477

Mental Health

Arcata House 5095 Boyd Road 707-633-6184

Humboldt Family Services Center (Wabash & California) free walk-ins 707-443-7358

Humboldt County Dept. Health & Human Services 707-268-2800

HumWORKs 929 Koster Street, Eureka Crisis Line 707-445-7715

Changing Tides Family Services 707-444-8293 or 800-795-3554



Nutrition

CalFRESH

Changing Tides Family Services 707-444-8293 800-795-3554

DHHS 929 Koster Street 877-410-8809

Champions for Change email C4Cinfo@cdph.ca.gov

ChooseMyPlate.gov

Feeding America website

<http://healthyfoodbankhub.feedingamerica.org/tools-and-resources/?r=206>

RCAA Community Gardens www.northcoastgardens.org

Farmer's Markets – seasonal - use your CalFRESH EBT or WIC card

<http://www.humfarm.org/>

Arcata Plaza 791 8th Street, "G" Street and "H" Street Saturday, 9:00am - 2:00pm

Eureka Natural Foods in McKinleyville 1505 Central Avenue Thursdays 3:30pm - 6:30pm

Fortuna 10th and Main Street in downtown Fortuna Tuesdays 3:00pm - 6:00pm

Fortuna, CA 95540

Henderson Center F Street between Henderson & Grotto St. Thurs. 10:00am - 1:00pm

Old Town Eureka F Street between 2nd and 3rd Street Tuesdays 10:00am - 1:00pm

Market Match Participant Southern Humboldt, Garberville 436 Church St & Locust St. Fridays
11:00am - 3:00pm
Wildberries Marketplace Farmers Market corner of G Street and 3rd Street Tuesdays 3:30pm -
6:30pm

Parenting Classes

Changing Tides Family Services 707-444-8293
Paso a Paso 707-441-4477

Pedestrian Safety

California Walks www.californiawalks.org
Child Passenger Safety Program 476-4991
Evacuation www.ready.gov
Safe Kids www.safekids.org

Playgroups

Arcata Recreation 14th & D Streets 707-822-7091
Eureka Adorni Center 707-441-4248
McKinleyville Community Services District, Activity Center 1705 Gwin Rd. Ages 0-5
years welcome. Free (\$3 donation appreciated)
McKinleyville Activity Center 707-839-9003
Fortuna Lifehouse Church 707-725-2519
Rio Dell Church of Christ & EHS site 707-764-5239
First5 Humboldt www.humkids.org

Postpartum

DDHS Mental Health 707-445-7715
First 5 Humboldt www.humkids.org

Prenatal

Arcata Open Door North Country Prenatal Services 3800 Janes Rd. #101 707-822-1385
DHHS Maternal, Adolescent and Child Health 707-445-6210
Pregnancy Care Center 2390 Myrtle Ave., Eureka 707-442-2345
Careline for Family Health 800-698-0843

Recreation

Sequoia Park Zoo (half price Wed.) 3414 W St. Eureka 707-442-5649
City of Eureka 1011 Waterfront Drive 707-441-4241
City of Arcata 736 F Street 707-822-7091
City of Fortuna 5 Park Street 707-725-7620
McKinleyville Community Services 1656 Sutter Rd. 707-839-9003

Safety at home

California Preparedness <http://www.bepreparedcalifornia.ca.gov/Pages/Home.aspx>
National Emergency Preparedness <https://emergency.cdc.gov/npm/index.asp>
American Red Cross 406 11th St, Eureka 707-443-4521

Safety at work

CalOSHA <http://www.dir.ca.gov/dosh/>

Senior Services

Arcata Adult Day 3800 Janes Rd. 707-822-4866
Senior Lunch, Arcata Community Center 707-825-2027
Eureka Senior Resource Center 1910 California St. 707-443-9747
Area 1 Agency on Aging 434 7th St. Eureka 707-442-3763
Fortuna Adult Day 2280 Newburg Rd. 707-725-6927
Eel River Valley 2280 Newburg Rd. Fortuna 707-725-3300 www.ervmgc.com

SIDS

Public Health Nurse 268-2105 or 866-597-1574
Safe Infant Sleeping Committee 707-445-6210
California SIDS Program 1-800-369-SIDS (7437)
The Compassionate Friends 1-877-969-0010
Help After Neonatal Death (HAND) <http://www.Nationalshareoffice.com>
Mothers in Sympathy and Support (MISS) <http://www.misschildren.org/>

Smoking

DHHS Healthy Communities 707-268-2132
California Smokers Helpline 1-800-662-8887

Special Education

Preschool Special Beginnings
Humboldt County Office of Education
901 Myrtle Ave. Eureka 707-445-6006 ext. 2

Elementary, Middle, High School - Talk to Your School Principal
www.humboldt.k12.ca.us

Substance Abuse:

Alcoholics Anonymous 520 E St. Eureka 844-442-0711
Arcata 1761 11th St. 7:30pm (open) TW
Arcata 11th & G 8pm (open) MThF
Eureka 7th & K St. basement, meetings 6:30am to noon (open meetings)
Eureka Redwood Acres under grandstand 5:45pm and 8pm (alcoholics only)
Fortuna 815 Main St. 9am M-F (open)
McKinleyville 1944 Central Ave. noon M-F (open)

Narcotics Anonymous 24 hr. hotline 707-444-8645
Arcata 11th & G Tues. 7pm (open)
Eureka Sonoma & F Mon. 7pm (open)
Fortuna 16th & L M-F 7pm (open)
McKinleyville 1450 Hiller Th 7pm (open)



Al-Anon 707-443-1419
Eureka 1910 California St. Sun 5:30pm

Ala-Teen 888-425-2666
Eureka 730 K St. Mon. 7pm upstairs (ages 12-18 yrs)

HumWORKs 929 Koster Street, Eureka 707-445-7715

Teen Services

Arcata Youth & Family Services 736 F St. 707-822-5951
Youth Education Services HSU House 91 707-826-4965
Eureka Teen Center, Boys & Girls Club 3015 J St. 707-444-0184 2-7pm M-F \$30/yr
Raven, drop in daytime shelter RCAA, 707-444-2273
Fortuna Eel River Valley 2280 Newburg Rd. 707-725-3300 www.ervmhc.com

Therapeutic Services

California Children's Services (to age 21 yrs)
Occupational or Physical Therapy - 908 7th Street Eureka 707-445-6212
Speech/Language Therapy-contact RCRC -707-445-0893
Vector Physical Therapy and Aquatic Center 3289 Edgewood Rd., Eureka 441-9262
Clinic 2121 Myrtle Ave. 442-6463

Transportation:

Car Seat Inspections:
Arcata California Highway Patrol (CHP) 255 East Samoa Blvd. 707-822-5981
Eureka Police 604 C St. 707-441-4060

Bus Lines:

Arcata Mad River Transit www.arcatatransit.org
Eureka Transit www.eurekatransit.org
Humboldt Transit Authority 707-443-0826 www.hta.org

Vision

Arcata A to Z Eyecare 851 Bayside Rd. 707-822-7641
Eureka Buhne Eye Care 2437 Buhne St. 707-443-4581
Fortuna Optometric 630 9th St. 707-725-5144
McKinleyville Optometric 1933 Central Ave. Suite A 707-839-2828

